

# Ann's Cafe

IN BUSINESS FOR YOUR HEALTH

## ALL DAY BRUNCH

### AVOCADO TOAST

\$9.50

AVOCADO SPREAD ON TOASTED CIABATTA BREAD WITH FRESH GREENS, SLICED CUCUMBERS, AND RED ONIONS. DRIZZLED WITH CARAMELIZED BALSAMIC VINEGAR AND TOASTED SESAME SEEDS

ADD FRIED EGG FOR \$2.00

### 2 MINI QUICHES W/ FRESH FRUIT

\$7.95

OPTIONS INCLUDE:

-BACON AND CHEDDAR- -SPINACH AND FETA- -POTATO, ONION, AND RED BELL-

## BURGERS

### PLAIN JANE BURGER

\$9.00

(COMES WITH BAG OF KETTLE CHIPS AND PICKLE SPEAR)

YOUR PROTEIN CHOICES ARE:

-HOUSE MADE PATTIES- -2 S RANCH BEEF- -TURKEY- -BLACK BEAN-

ALSO AVAILABLE:

-GRILLED CHICKEN BREAST- -BEYOND BEEF + \$1.00- -SALMON FILET + \$2.00-

BURGER COMES ON VEGAN ORGANIC WHOLE GRAIN BUN WITH LETTUCE, TOMATO, RED ONION, MUSTARD, AND VEGAN MAYO

\*\*MORE ADD-ONS AVAILABLE FOR A LITTLE EXTRA (ASK YOUR SERVER)\*\*

## SANDWICHES

(ALL SANDWICHES COME WITH A BAG OF KETTLE CHIPS AND PICKLE SPEAR)

### MOM'S FAMOUS CHICKEN SALAD\* \$9.50

CLASSIC CHICKEN SALAD WITH PECANS, APPLES, RAISINS, LETTUCE, TOMATO, RED ONION, CUCUMBER, AND ANN'S VEGAN HERB MAYO

### DAD'S EQUALLY FAMOUS CRANBERRY CHICKEN SALAD\* \$9.50

CLASSIC CHICKEN SALAD WITH CRANBERRIES INSTEAD OF RAISINS, NO NUTS, NO APPLES, LETTUCE, TOMATO, RED ONION, CUCUMBER, AND ANN'S VEGAN HERB MAYO

### TUNA SALAD SANDWICH\* \$9.50

WILD POLE AND LINE CAUGHT TUNA WITH LETTUCE, TOMATO, RED ONION, CUCUMBER, AND ANN'S VEGAN HERB MAYO

### VEGAN CHICKEN SALAD\* \$10.0

VEGAN CHICKEN SALAD WITH PECANS, APPLES, RAISINS, LETTUCE, TOMATO, RED ONION, CUCUMBER, AND ANN'S VEGAN HERB MAYO

\*SERVED ON VEGAN ORGANIC WHOLE GRAIN BREAD

### DELI STYLE TURKEY WITH CHEESE\*\* \$10.5

DELI SLICED TURKEY AND YOUR CHOICE OF CHEESE WITH LETTUCE, TOMATO, RED ONION, MUSTARD, AND ANN'S VEGAN HERB MAYO

### DELI STYLE PREMIUM ROAST BEEF WITH CHEESE\*\* \$10.5

DELI SLICED PREMIUM ROAST BEEF AND YOUR CHOICE OF CHEESE WITH LETTUCE, TOMATO, RED ONION, MUSTARD, AND ANN'S VEGAN HERB MAYO

### DELI STYLE SMOKED HAM WITH CHEESE\*\* \$10.5

DELI SLICED SMOKED HAM AND YOUR CHOICE OF CHEESE WITH LETTUCE, TOMATO, RED ONION, MUSTARD, AND ANN'S VEGAN HERB MAYO

\*\*SERVED ON YOUR CHOICE OF EITHER SOURDOUGH OR CIABATTA BREAD  
AND CAN BE SERVED HOT OR COLD

## HOMEMADE SOUP

(CLASSIC SOUPS SERVED WITH CRACKERS AND PREMIUM SOUPS SERVED WITH BREAD)

\*OUR SOUP OPTIONS CHANGE AND VEGAN SOUP OPTIONS ARE ALWAYS AVAILABLE\*

### CLASSIC\*

- 12 OZ	\$4.50
- 16 OZ	\$6.95
- 32 OZ	\$11.95

### PREMIUM

- 12 OZ	\$5.95
- 16 OZ	\$7.95
- 32 OZ	\$14.95

\*BREAD AVAILABLE WITH CLASSIC FOR AN EXTRA \$.50

### SOUP AND SCOOP

\$5.95

8 OZ SOUP OF YOUR CHOICE ALONG WITH A (2 OZ) SCOOP OF ONE OF OUR CHICKEN SALADS OR TUNA. SERVED WITH CRACKERS

## SALADS

### SPINACH AND ARUGULA

\$8.95

WITH SHREDDED CARROTS AND FETA CHEESE

### SPRING MIX OR GREENLEAF

\$9.50

WITH SHREDDED CARROTS, PURPLE CABBAGE, CUCUMBER, AND RED ONION

\*\*SALADS ARE SERVED WITH HOUSE CROUTONS AND CHOICE OF DRESSING\*\*  
DRESSINGS AVAILABLE: BALSAMIC VINEGAR, RANCH, CAESAR, VEGAN HERB MAYO  
\*\*PROTEIN AVAILABLE TO ADD FOR ADDITIONAL CHARGE\*\*

## SPECIALS

### PLAIN JANE BURGER AND BYO SMOOTHIE COMBO

\$10.50

### FRIDAY'S GRILLED SALMON SPECIAL

\$11.50

SEASONED AND GRILLED SALMON SERVED ON BED OF SPINACH. CHOOSE ONE OF THE FOLLOWING SIDES: GRILLED ZUCCHINI AND ONIONS, CLASSIC MAC & CHEESE, CHIPOTLE MAC & CHEESE, OR BREAD AND BUTTER

### WEEKLY SPECIAL

PRICE WILL VARY

ASK CASHIER FOR MORE INFORMATION

## KIDS MENU

PB & J \$6.00  
PEANUT OR ALMOND BUTTER WITH MIXED BERRY JELLY ON TOASTED VEGAN ORGANIC WHOLE GRAIN BREAD

MAC AND CHEESE \$6.00  
HOUSE MADE CREAMY CHEESY MACARONI AND CHEESE

GRILLED CHEESE \$6.00  
2 SLICES OF CHEESE (1 AMERICAN/1 CHEDDAR) ON VEGAN ORGANIC WHOLE GRAIN BREAD

## BAKED BREADS

MUFFINS/LOAFS \$3.49/\$6.50  
ZUCCHINI AND BANANA NUT ARE AVAILABLE YEAR AROUND

SEASONAL OPTIONS INCLUDE: PUMPKIN CRANBERRY, APPLE RAISIN PECAN, BLUEBERRY/LEMON/POPPY SEED

## DESSERTS

LARGE COOKIES \$3.00  
PEANUT BUTTER, OATMEAL RAISIN, AND CHOCOLATE CHIP PECAN

3 PACK OF COOKIES \$3.99  
PEANUT BUTTER, OATMEAL RAISIN, AND CHOCOLATE CHIP PECAN

SLICE OF VEGAN ORGANIC CARROT CAKE \$4.99

SLICE OF VEGAN ORGANIC CHOCOLATE CAKE \$3.99

CINNAMON ROLLS \$1.99