

## Build Your Own Smoothie

small - 3.99 medium - 4.99 large - 7.99

### STEP 1

#### pick 1 option

apple juice  
almond milk  
coconut milk  
greek yogurt

### STEP 2

#### pick any two options

strawberry orange mango  
pineapple banana peach  
blueberry coconut lemon  
ginger peanut butter mixed berry  
almond butter

### SMOOTHIE EXTRAS

.50 each

multi-vitamin b-complex flax oil  
acidophilus bee pollen  
ginseng echinacea

chia seeds - .75  
hemp seeds - .75  
coconut oil - .75  
protein - 2.00  
spirulina - 1.00  
super greens - 2.00  
acai - 1.00

Organic  
Fresh  
Pressed  
Juices  
Available



## Smoothies

premium organic 20oz smoothies

### Berry Green - 5.99

blueberry, blackberry, raspberry & strawberry, super greens, apple juice, & agave  
suggested add on - acai

### Purple Passion - 6.99

blueberry, banana, acai, almond milk & agave  
suggested add on - b-complex

### Almond Banana - 6.99

banana, almond butter, plant protein, almond milk, agave  
suggested add on - fiber

### Protein Plus - 6.99

strawberry, peach, blueberry, plant protein, apple juice, agave  
suggested add on - multi-vitamin

### Green Machine - 6.99

strawberry, peach, super greens, spirulina, apple juice, agave  
suggested add on - acidophilus

### Superfood Smoothie - 7.99

blueberry, banana, avocado, kale, spinach, chia seeds,  
cinnamon, local honey

### Cafe Hours

8:00 am - 6:30 pm Mon-Sat  
12:00 pm - 4:30 pm Sun

### Dallas

2634 S. Zang Blvd  
Dallas, TX 75224  
Store: (214) 942-9483

### Waxahachie

2305 N. Highway 77  
Waxahachie, TX 75165  
Store: (972) 923-1400

this menu available only at our  
Waxahachie location





## Burgers

### Grass-Fed Beef Burger - 8.50 🌿

1/3 lb grass-fed beef patty, greens, tomato, cucumber, onion & our house herb mayo

### California Burger - 9.99 🌿

grass fed beef, H&A free natural bacon, organic cheddar cheese, avocado, greens, tomato, cucumber, onion & our house herb mayo

### Mushroom and Swiss Burger - 9.25 🌿

grass fed beef, organic swiss cheese, grilled mushrooms, greens, tomato, cucumber, onion & our house mayo

### Stampede Burger - 10.99 🌿

free range buffalo, greens, tomato, cucumber, onion & our house herb mayo

### Bird Burger - 7.75

free range turkey burger, greens, tomato, cucumber, onion & our house herb mayo

### Wild Caught Salmon Burger - 7.75

wild caught salmon burger, greens, tomato, cucumber, onion, & our house herb mayo

### Black Bean Burger - 7.75 V

spicy black bean burger, greens, tomato, cucumber, onion, & our house herb mayo

**GLUTEN FREE BUN AVAILABLE**

## Salads & Wraps

### House - 5.50 V GF

greens, cherry tomatoes, shredded carrot, red cabbage, cucumber, red onion, & your choice of dressing

add grilled chicken - 3.00

add wild caught salmon filet - 6.00

### Spinach Power - 7.99 GF

spinach topped with crumbled hard-boiled egg, turkey bacon, avocado slices & goat cheese served with your choice of dressing

### Avocado Club - 8.49 GF

grilled chicken, bacon, romaine lettuce, crumbled hard-boiled egg, avocado slices, cheddar cheese, topped with croutons & served with your choice of dressing

### Chicken Caesar - 7.99 GF

grilled chicken, romaine lettuce, sun dried tomatoes, parmesan cheese, croutons, caesar dressing

## Farm Fresh & Local

## Sandwiches

### Cold Sandwiches

#### Chicken Salad - 6.59

house chicken salad mix, greens, tomato, cucumber, onion & our house herb mayo

#### Cranberry Chicken Salad - 6.59

house cranberry chicken salad mix, greens, tomato, cucumber, onion, & our house herb mayo

#### Avocado Cilantro Chicken Salad - 7.99 ~NEW~

house avocado cilantro chicken salad mix, greens, tomato, onion, cucumber & our house herb mayo

#### Fresh Veggie - 6.49 V

greens, tomato, cucumber, mushroom, red onion, carrot, avocado & our house herb mayo

*fresh  
house-made  
~Soup~  
daily*

### Hot Sandwiches

#### Avocado BLT - 7.49

your choice of H&A free natural bacon or H&A free turkey bacon, avocado, romaine, tomato, cucumber, onion & our house herb mayo

#### Turkey and Swiss - 6.99

H&A free turkey breast, organic swiss cheese, greens, tomato, cucumber, onion, & our house herb mayo

#### Turkey Bacon Club - 7.49

H&A free turkey breast, H&A free natural bacon, greens, tomato, cucumber, onion, & our house herb mayo

#### Combo - 7.49

½ sandwich plus ½ house salad or small soup

**MAKE ANY SANDWICH A WRAP - 1.00  
GLUTEN FREE OPTION AVAILABLE**

## Breakfast

### Breakfast Sandwich - 5.99

two scrambled cage-free eggs, your choice of H&A free natural bacon or H&A free turkey bacon, organic cheddar cheese, our house herb mayo

### Breakfast Burrito - 6.99

two scrambled cage-free eggs, your choice of H&A free natural bacon, H&A free turkey bacon, or sausage links and organic cheddar cheese served in a fresh organic spinach wrap

### Turkey Bacon Avocado Wrap - 8.99

two cage-free eggs, H&A free turkey bacon, avocado, organic greens, onions, tomatoes, cucumbers served in a fresh organic spinach wrap

### Super Greens Omelet - 8.99 GF

three cage-free eggs, H&A free natural bacon or H&A free Turkey bacon, spinach, and topped with avocado slices and sprinkled with goat cheese

### Rise and Shine - 8.99

three scrambled eggs, two strips H&A free natural bacon, two H&A free sausage, & avocado slices

### Famous Brisket Tacos - 6.99 ~NEW~

eggs, grass fed brisket, your choice of almond flour/coconut flour tortilla

*Our cafe uses only  
the freshest certified  
organic produce*

🌿 Grass Fed  
V Vegetarian  
GF Gluten Free

